

# The Tiger Tribune

## Letter From The Editor:

Spooky scary skeletons - it's October again! The staff of the *Tiger Tribune* wishes you all an amazing new month filled with lots of interesting events and holidays - some of which are mentioned in this issue! You'll find in this edition a recipe for delicious cookies, the history behind Halloween, some fun facts, wacky pizzas, our monthly Book Column and lots more!

Grab a plate of cookies and enjoy!

Sincerely,  
Jannah Khan  
Editor-in-Chief  
The Tiger Tribune

## October Survey/Staff Question

By Rida Abdulwasay

**“You’re a new addition to the crayon box. What color would you be? Why?”**



Safiyah	Sea green, I just really love the color and the vibe it gives off :)
Tasneem	Black- it's my favorite color.
Thanhthanh	Sky/icy blue, because I feel like it's a very "clear" color and very expressive when used in different settings.
Amir	Probably an obscure, ugly color like “Timberwolf” (which is a real Crayola color) so that I'm not used too much.
Melody	A light purple, because it's a pastel color and it isn't too neon or bright. It's also my favorite color.
Zahra	A crayon that contains the different shades of the sunset (blue, purple, pink, orange, etc). I've always loved looking at the sunrise and set.
Rida	Red. It's so dramatic and intense yet comforting at the same time!

## National Vegetarian Month

Thanhthanh Nguyen

If you have been to a Burger King or heard of the hype lately, then you know that the plant-based Impossible Burger has been making waves in the food world. I mean, a burger that tastes exactly like beef but is made out of plants—you don't hear (or taste) that every day!

Since October is National Vegetarian Month, maybe you would like to give the Impossible Burger a try. But here's the thing: eating vegetarian does not mean that you have to substitute a meat-based dish with vegetarian imitations! There are great vegetarian options out there that are centered around plants, and they taste great too.

Some people are vegetarians because of health reasons. Others are vegetarians for spiritual reasons. Others like eating vegetarian because it's fun! No matter why a person eats vegetarian, veggie-lovers can agree that eating vegetarian is delicious and healthy. I try to eat vegetarian at least twice a month myself, and I want to share an easy recipe for frying tofu, which I eat with rice and soy sauce. It sounds really simple, but it's one of my favorite meals and I eat it almost every month.

How I fry tofu (my mom's recipe):

Ingredients:

- 2 packages of firm tofu
  - Two teaspoons each of salt and ground black pepper (give or take)
  - A teaspoon of mushroom seasoning (add more if you want more flavor)
  - Vegetable oil
1. Open and drain the packages of tofu before slicing them into smaller rectangles (or cubes that works too).
  2. Mix the salt, ground black pepper, and powdered mushroom seasoning together. (If your seasoning is not in powdered form, just crush it.)
  3. Rub the mixture into the tofu pieces. Try to coat the surfaces evenly, but don't go overboard and use all of the mixture on the first few pieces of tofu (which I have done on more than one occasion).
  4. Coat a frying pan with vegetable oil and start frying your pieces! Fry all of the sides evenly. When the sides start turning golden brown and look slightly crispy, they're ready! (Note: when frying, the oil tends to splash around A LOT. Make sure to wear protective gear such as an apron, and watch your arms and hands so you don't get hurt by hot oil.)
  5. Take the tofu out and place them on a plate covered with either a paper towel or waxed paper to soak up the excess oil.
  6. Fry any remaining tofu.
  7. Eat with rice and soy sauce. Or toss them in a salad. Or add them in another meal! There are so many possibilities!

I hope that you can try out this recipe or other vegetarian recipes this month. Eating vegetarian is very fun and good for you, and it's also good for the planet. Bon appetit!

# Chocolate Chip Cookies

Afrah Muntaha

Everyone loves cookies! Who doesn't? And when they are chewy and have chocolate, they go perfectly together! Here is my most favorite cookie recipe of all time - whenever I am free, I make these cookies, so enjoy!!!

## Ingredients:

- ½ cup butter - 1 stick
- ¼ cup brown sugar
- ¼ cup white sugar
- 1 egg
- 1 teaspoon vanilla extract
- ½ teaspoon baking soda
- ½ teaspoon salt
- 1 ½ cup all - purpose flour
- ½ cup chocolate chips



## Instructions:

1. Preheat your oven to 350 degrees F. Line two cookie pans with parchment paper.
2. In a large bowl, add melted butter; then whisk the two sugars until combined. Let the mixture cool for a minute; then whisk in the egg and vanilla extract until smooth.
3. Sprinkle the baking soda and salt in the mixture and stir; then add the flour and stir it in until fully combined and a smooth dough is formed. Fold in the chocolate chips.
4. Drop the dough on the cookie pans around 2 inches apart.
5. Bake for 9-10 minutes. Note: the cookies will look underdone, but they will firm up as they sit.
6. Let the cookies cool for about 5 minutes and enjoy!!!

## Fun Facts!!!!

1. The chocolate river in Willy Wonka and the Chocolate Factory was actually made of chocolate, it contained about 150,000 gallons of water mixed with chocolate and cream. It didn't take long for the river to spoil and to cause an awful smell.
2. Marshmallow is actually a plant. Back in the days it was used as a remedy for sore throats.

HAPPY HALLOWEEN

# Frankenstein Friday

Amir Chermat



On January 1, 1818, author Mary Shelley shouted “it’s alive!” and brought life to the monster that we have now (incorrectly) come to know as Frankenstein. Frankenstein’s monster is a hideous, eight-foot-tall green creature who is considered one of the best well-known horror characters of all time.

Although Frankenstein was published in 1818, the monstrous creature wasn’t considered a pop culture icon until the movie Frankenstein’s release in 1931, which featured Boris Karloff’s famous portrayal of the monster. Not only was the movie so popular that it single-handedly brought the green monster to fame, but it was also followed by four sequels and was selected by the Library of Congress for preservation in the United States National Film Registry. All in all, Frankenstein was - and still is - a hit!

In celebration of the famous monster, the last Friday of October (this year, the 15th) is used to recognize Mary Shelley and her timeless, hideous creation. (Some consider August 30, Mary Shelley’s birthday, to be Frankenstein Day.) To celebrate, why not watch some of the classic Frankenstein movies? Or read some of the original book? There are many ways to celebrate the classic monster, but whatever you do: please do not attempt bringing a monster to life in the name of Frankenstein Friday.

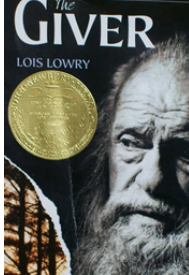


## The Book Column:

Tasneem Nasim

October brings colorful leaves, cold breezes, pumpkin spice lattes, warm sweaters...and Halloween! This month's book choices aren't filled with ghosts or goblins, but they will definitely give you the chills. Here are two interesting novels whose themes and messages are not only interesting, but scary as well!

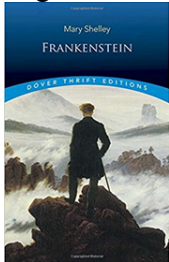
Middle Schoolers: *The Giver* by Lois Lowry



This Newbery Medal winning novel has sold more than 10 million copies worldwide. The novel is a story of twelve-year-old Jonas who lives in a seemingly perfect world- a world without chaos, sadness, and illnesses...but also a world without color, emotion, and life. During a ritual ceremony in his community, Jonas is selected as the Receiver of Memory, a post that distinguishes him from others and gives him much power. But it is not until he is given this post that he begins to understand the dark secrets behind his “perfect” community. This novel contains many underlying messages, and some people have even wanted to ban this novel because they were frightened by what it says on political and moral grounds. Some of the practices in this dystopian world may seem frightening and strange, but you will definitely enjoy this novel and be left with some things to think about.

\*This novel contains some disturbing scenes and some mature themes. Please have your parent or guardian check [review](#) before reading.

High schoolers: *Frankenstein* by Mary Shelley



This classical novel has not only become a popular pop culture reference, but has also launched dozens of Hollywood horror movies. Frankenstein, unlike many have come to believe, is not the name of the monster in this novel, but the name of the Swiss scientist who created such a monster. The novel begins with letters from Robert Wallace, an explorer who is trying to find a new passage from Russia to the Pacific Ocean via the Arctic Ocean, to his sister. His letters tell his sister of his travels in the isolated arctic ocean. After a few weeks however, Wallace and his men find a near-dead man floating on ice near their ship, and they bring him onto their ship in hopes of restoring his health. From then on, all of Wallace's letters retell the life story of the man he had saved- Victor Frankenstein- a man whose goal to create life ultimately leads to his downfall. This novel is not only terrifying, but is also very beautifully written. It is one of my favorite novels- by far. Shelly's novel is deep and contains so many important messages about scientific advancement, ambition, isolation, family, and perhaps most importantly, the

relationship between man and his creator- God.

\*This novel may seem disturbing to some. Please check [review](#) before reading.

Have any recommendations/ books you'd like to see/ feedback for this column? Email at [tasneemnasim08@gmail.com](mailto:tasneemnasim08@gmail.com)

## Hot Air Balloon Festival 2019

Melody Moy

Five hundred humongous hot air balloons float up into the blue October sky. Thousands of people watch as the massive balloons ascend up in the air. There are six hundred balloon pilots. "Why is the sky filling up with balloons?" you ask. It is the annual Albuquerque International Balloon Fiesta! There are festivals held annually around the United States, 25 states this year. The first hot air balloon passengers were a sheep, a duck, and a rooster. The flight was 1,500 feet up, and then they landed 2 feet from where they took off. Back when the festival was first started in 1972 there was only 13 pilots! The first hot air balloon race was in 1962 when there were only 5 or 6 known versions of a hot air balloon! The Albuquerque Festival is the largest balloon festival in the world. It lasts nine days. This year, it will be held from October 5th to 13th. It has an opening ceremony, the ascension of the balloons, and fireworks too! Skydivers are also performing at this year's festival. There will also be a competition where the ballooners find a launch area and drop a marker close to the set target. The Special Shape Rodeo is when the special-shaped balloons, like whales, dogs, and a rocket, fly up into the air. They look amazing and gorgeous. It has become more popular throughout the years since 1996 when they flew 106 Special Shapes. The finale of most balloon festivals is a "night glow." The pilots fire up their balloons at night and it makes a spectacular sight.



## The History of Halloween

Zahra Shaikh

Today, Halloween is referred to as the second best holiday after Christmas, where children are excited to receive candy from strangers. I get it; it's pretty exciting to get a bowl full of candy. It can easily fulfill any kid's dream. But this new tradition is secretly hiding a completely different and shocking past. Back then, in the ancient times, the Celts, living in what is now called Ireland, northern France, and the United Kingdom, celebrated their new year on November 1. Celts believed that, the night before the new year, the walls between the worlds of the living and dead became transparent. As a result, on the night of October 31, they would celebrate Samhain in which Celtic priests

would build large holy bonfires. The people gathered to burn crops and animals as sacrifices to the Celtic deities since they believed that the priests could easily tell predictions about the future due to the presence of the otherworldly spirits. During this entire event, the Celts wore costumes, usually made of animal heads, to disguise themselves from the spirits. Later on, when the Roman Empire conquered most of the Celtic territory in 43 A.D., two of their traditional festivals were combined with Samhain. One was called “Feralia,” a day in late October, in which the Romans celebrated the passing of the dead. The second festival was to honor Pomona, the goddess of fruits and trees. The symbol of Pomona is the apple, which is a possible reason behind the bobbing apples activity that takes place on Halloween today. It was also known by the name of All-Hallows. Soon, the traditional night of Samhain was called All-Hallows Eve and soon, Halloween, which is what is celebrated today.



## **Pizzas From Around the World**

By Rida Abdulwasay

Pizza is one of the iconic fast food items around the world. Everyone around the world has eaten this tasty treat. Whether they eat it with pineapple, mayonnaise, lobster, peas, or just cheese, pizza is the go-to fast food item. Every October, millions of people celebrate a month dedicated to this cheesy goodness. Some pizzerias give out free pizzas, while others hold “all-you-can-eat” contests. The whole month is on a pizza frenzy!

In honor of National Pizza Month, let’s look at some of the strangest pizzas from around the world. Have you tried any of these before?

**Crocodile, Emu, and Kangaroo Pizza:** According to Papa John’s UK, this is an actual flavor! Apparently, people in Australia love it.



**Burgers, Fries, and Chicken Nuggets Pizza:** It’s a pizza with a McDonalds Happy Meal on it!



Chocolate Pizza: A chocoholic's dream come true!



Blueberry Pizza with whipped Ricotta and Shallots: An interesting combination of fruit and cheese.



Scrambled Eggs Pizza: A great way to start the day!



Sweet Peach and Corn Pizza: An interesting way to incorporate fruits and vegetables in your daily diet!





Lobster Pizza: From what I've heard, this pizza is really tasty! If you want, you can try it at Red Lobster.



Chizza: This pizza was created for all of those KFC fans who can't decide between pizza and chicken.



The Pizza Lollipop: An exciting new way to eat your pizza!



Squid Ink Pizza: Looks interesting!



Snail Pizza: If you like escargot, this pizza is for you!



The Burger Pizza: If you can't decide between a burger and pizza, why not eat both?  
After all, it's a classic!



### **The Letterbox**

Now, readers like you are able to contribute suggestions, fun facts, jokes and comments for improvement to our newsletter! All you have to do is email your contribution to [cwcstigertribune@gmail.com](mailto:cwcstigertribune@gmail.com) with your name and grade level, and check here next time our newsletter comes out!

This is ideal for those of you who don't necessarily want to or have time to commit to becoming staff writers - however, if you *would* like to become one of our regular staff writers please email us at [cwcstigertribune@gmail.com](mailto:cwcstigertribune@gmail.com) with your name, age, and grade level - we look forward to working with you!