

# The Tiger Tribune

Letter From The Editor:

Half the semester has already flown by - and it's already time for the November issue of the Tiger Tribune! In this month's edition - along with our usual fascinating staff submissions - you will find a wholesome survey in which our staff shared what they were thankful for. You, too, can keep in mind what you're thankful for this month as you curl up with a warm blanket to read. Our staff wishes you an amazing month and hopes you enjoy this issue!

Sincerely,  
Jannah Khan  
Editor-in-Chief  
The Tiger Tribune

## November Survey/Staff Question

By Rida Abdulwasay

"What are you thankful for?"

Amir	I'm thankful for my supportive mother, who's always challenging me to do things like join the school newspaper and is always thinking of my future.
Tasneem	I am thankful for millions of things- but most importantly for having a family that loves and supports me, and for being healthy.
Rida Abdulwasay	Hmm...where should I start... I'm thankful for a lot of things in my life: food, shelter, great education, comfort, etc. However, I'm really thankful for my parents. Day after day, my parents work hard to provide for me, drive me to classes, and give me the utmost comfort, even at the expense of their own. Even when times are rough, they're always there for me. I really value everything they've done for me.
Thanhthanh Nguyen	I am thankful for my family, because, without them, I would not be where I am today. They support me through all of my major achievements and milestones, and I will always be thankful for that.
Melody Moy	Life, electricity, family, friends, food, water, a roof over my head...lots of other things I'm probably forgetting

## **How To Get Good Sleep**

**By Melody Moy**

If you have trouble with alertness in class, have a hard time focusing or paying attention, or are irritable and stressed, it can be due to lack of good sleep. This is true for most people but especially teenagers! Without a good night's sleep, you might not have good impulse control and you might find it hard to stay awake in class. In serious cases, this also can lead to depression. Please talk to an adult if this is happening to you. It is best to get nine hours of sleep every night, for health, happiness, and brain development. Most teenagers wait until very late at night to sleep because of all of their extracurriculars and homework. You can prevent sleeping so late at night by sticking to a schedule. Keep things calm during the nighttime by reading a book or taking a shower. You can also dim the lights and other electronics in the house. If you are a teen with a job, it should only be 16-20 hours during the week. If you are a teen who is tired during the day, a half-hour nap might be refreshing. Caffeine might help your teen stay awake, but too much and you won't be able to fall asleep. In conclusion, good sleep is best for your happiness, health, and for your growth and brain development! Sleep tight!

## **National Novel Writing Month**

**Thanhthanh Nguyen**

If you are an aspiring novelist, chances are that you already know what National Novel Writing Month is! From November 1 to November 30, writers all around the world participate in writing their own novel, trying to hit a goal of at least 50,000 words by the end of the month. Of course, writing a real, polished novel in thirty days is extremely hard, if not impossible, to do, but this internet writing project can give you the motivation to write a draft, which you can polish afterward and possibly even get published, as others have done! Writers log in their words every day and submit a copy of their manuscript to the National Novel Writing Month, called NaNoWriMo for short, website to check their word count, and if they reach 50,000 words, they are deemed a "winner" of NaNoWriMo, and some sponsors will even give out prizes to the winners.

A little backstory on NaNoWriMo: in 1999, Chris Baty started the project with 21 participants including himself, and they all tried to write a 50,000-word novel by the end of the month. By the third year, the project grew, and NaNoWriMo became a popular challenge for new writers who received motivation by the 30-day deadline. In 2017, NaNoWriMo had more than 300,000 participants, and the internet project is celebrating its 20th birthday this year.

The project starts exactly at midnight on November 1, and it ends at 11:59:59 on November 31, all in local time. Writers can write in any genre, and everything from fanfiction to poems is accepted. Will you be participating in NaNoWriMo? Head to their website, <https://www.nanowrimo.org/>, to sign up and start writing your novel today!

## **Princess Day**

**By Misbah Syed**

Princesses have always been considered as part of the fantasy realm from stories, fairy tales, and magical worlds. Yes, everyone has heard of Cinderella and Snow White and Rapunzel. But, princesses still do exist. Even today. And November 18...celebrates these wonderful women! Princess Day!

Here is a list of some of the real-life princesses that do live around the world:

- **Princess Charlotte of Cambridge:** She is the second child and only daughter of Prince William, Duke of Cambridge, and Catherine, Duchess of Cambridge. She is fourth in the line of succession to the British throne.
- Princess Sirivannavari Nariratana of Thailand: the daughter of Crown Prince Maha Vajiralongkorn. She is a professional badminton player and once took home a gold medal from the 2006 Southeast Asian games.
- Princess Lalla Salma of Morocco: is married to King Mohammed VI, and is the first wife of a Moroccan monarch to ever obtain her own regal title. In 2005, she founded the Lalla Salma Foundation, a prevention association that raises cancer awareness.
- Princess Sofia of Sweden: wife of Prince Carl Philip, Duke of Värmland. Prior to her marriage, Sofia was a glamour model and reality television contestant.
- Chimi Yangzom Wangchuck, Princess of Bhutan: a dedicated student, having completed a bachelor's degree in international relations and economics, and a master's degree in public administration from U.S. universities.
- Haya bint Hussein, Princess of Jordan: Princess Haya bint Hussein is the daughter of King Hussein of Jordan and his wife, Queen Alia.



# National Aviation Month

By Amir Chermat

Aviation is one of mankind's greatest achievements. During the month of November, we celebrate the men and women who soared above the rest and gave society its wings. Here are some of the achievements that have been accomplished with airplanes and that go down in history.

- 1903: Orville Wright makes the first successful manned flight three days after Wilbur
- Wright's unsuccessful flight.
- 1911: Harriet Quinby becomes the first female licensed pilot in America and becomes the first woman to fly at night the following month.
- 1921: Bessie Coleman becomes the first African American, male or female, to earn a pilot's license.
- 1927: Charles Lindbergh flies solo across the Atlantic Ocean. His flight took thirty-nine hours and fourteen minutes of flight time. Sixty-three years later, this flight was done in a little under an hour.
- 1941: The 99th Pursuit Squadron is activated, comprised of black pilots and ground crews. The NAACP forced the military's hand in creating this squadron, so the pilots were undertrained and expected to fail. While the 99th did not operate on the same level as the other squadrons, its pilots were still able to complete their missions and overcome any obstacles they met.
- 1962: The National Aviation Hall of Fame is founded in Dayton, Ohio, the home of the Wright Brothers.
- 1964: Geraldine Mock attempts to become the first woman to circumnavigate the globe, similar to Amelia Earheart's attempt, and succeeds with a time of twenty-nine days, eleven hours, and fifty-nine minutes. The average commercial flight plane could make this journey in forty-two hours.

# World Kindness Day

Zahra Shaikh

As the saying goes, "There's no such thing as a small act of kindness. Every act creates a ripple with no logical end." Therefore, the only thing we humans have to do are the acts and little things that make us, and the world, a better place. Luckily, kindness is such a huge concept that one day in the year has been dedicated to it. On November 13, thousands of people around the world celebrate World Kindness Day by making small acts of kindness to others and trying to make kindness the norm in their daily lives. During this special time, there are many things we can do to promote and participate. For example, the simplest action would be to smile at any person, even a stranger, and give them a compliment. You can also send an uplifting text to a friend or family member, or treat a friend or co-worker to a cup of coffee. Another excellent idea would be to include some aspects of kindness, delight, and laughter into your daily routine, or finally let that guy merge into traffic with a smile and a wave. Such simple acts, if everyone participates, can literally make the world an earthly paradise. So, on November 13, be sure to join the thousands of people around the world by being kind in at least one of the ways mentioned above, or by inventing your own. Lastly, be sure to

promote the holiday by spreading your bright sunlight on this blessed holiday!

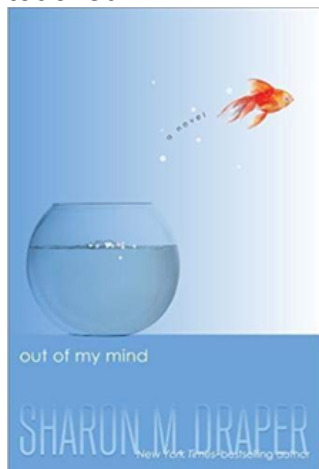
## The Book Column:

Tasneem Nasim

Happy November CWCS students! The year has flown by so quickly- we only have about a month and a half of school left for this semester. Here are some great novels for you to read as you wrap up for this semester and prepare for finals!

### **Middle Schoolers:** Out of My Mind by Sharon Draper

Eleven-year-old Melody Brooks is not like most people. She has the disorder, Cerebral Palsy, which makes her body stiff and uncooperative, forcing her to use a wheelchair. Her mind works well, however: she has a photographic memory, allowing her to remember every detail of everything she has ever experienced. She is even smarter than most of the adults who try to diagnose her and smarter than children her own age. But there's one problem, Melody can't speak. And she hates the fact that she is never able to express her opinions and thoughts, and even show the people around her how smart she actually is. But Melody refuses to let cerebral palsy define her- all she needs is an opportunity to be able to show it. Melody's bright personality and sharp mind will change the way you look at anyone with a disability, and her story will leave you touched.



### **High schoolers:** 1984 by George Orwell

This classical novel is probably one of the most well-known dystopian novels of all time. Published in 1949, this satirical novel tells the story of Winston Smith, who lives in the nation of Oceania- a nation that is truly one full of nightmares. All of Winston's, and the other citizens of Oceania, thoughts, and actions are watched and recorded on a daily basis- everywhere they go. And everywhere they look, they see the face of the Party's seemingly omniscient leader, Big Brother. The Party controls everything in Oceania, even the people's history and language. In fact, they are forcing the usage of a newly invented language called Newspeak, which attempts to prevent political rebellion by eliminating all words related to it. The citizens of Oceania seem to have become immune and indifferent to such living conditions, but Winston is different. He not only thinks this way of living is wrong but hates it- with all his heart and soul. But hate and rebellion against the Party are the most dangerous of crimes. And even thoughts on such matters are punished with the harshest of punishments- punishments that we can't

even comprehend. This horrifying novel has a very important political message for those willing to read it. I even had nightmares after reading this novel- but it is definitely worth reading!

\*This novel contains many explicit scenes and mature and disturbing topics. Please [review](#) before reading



Have any recommendations/ books you'd like to see/ feedback for this column? Email at [tasneemnasim08@gmail.com](mailto:tasneemnasim08@gmail.com)

# November Fun Facts

By Rida Abdulwasay

Did you know...

1. The birthstone for November is the topaz.
2. The birth flower for November is the chrysanthemum.
3. The zodiac signs for November are Scorpio (October 23 - November 21) and Sagittarius (November 22 - December 21).
4. On November 2, 1769, a Spanish expedition reached San Francisco Bay.
5. On November 2, 1889, North Dakota became the 39th state of the United States.
6. On November 2, 1889, South Dakota became the 40th state of the United States.
7. On November 2, 1917, Arthur Balfour proposed the settlement of Jewish people in Palestine.
8. On November 4, 1979, the U.S. Embassy was taken over by Iranian revolutionaries in Teheran and a group of U.S. citizens was seized as hostages.
9. On November 6, 1869, the first intercollegiate football game was played in the United States between Rutgers and Princeton.
10. On November 8, 1889, Montana became the 41st state of the United States.
11. On November 15, 1935, Manuel Quezon was inaugurated as the first president of the Philippines.
12. On November 18, 1883, standard time began in the United States.
13. Thanksgiving Day - fourth Thursday of November
14. November 11 - Veteran's Day

## Join The Speech and Debate Club!

What are we?

We are the Speech and Debate club! We meet twice a month on Moodle, from 11:00 a.m. - 12:00 p.m. on Fridays. Joining us is a perfect opportunity to get involved with your school and help improve college resumes! The club is open to everyone from grades 7-12, and there are no prerequisites nor any qualifications needed to join.

The Speech and Debate club will help members refine communication skills and prepare students for real-life situations such as presentations, speeches, debates, etc., in a fun social environment. Friendly competitions such as mock trials, debates, and interviews are held alternately during our meetings. The Link to our Moodle Room is. Feel free to drop by to check our club out! All are welcome!

Our Meeting Dates For 2019:

\*All meetings will be on Friday from 11:00 a.m. to 12: 00 p.m. unless otherwise mentioned:

October 25 (10/25)

November 1 (11/1)

November 15 (11/15)

December 6 (12/6)

How to Join:

Joining us is very easy!

1. Locate us on Moodle through the Misc. Courses/ Tutoring Special/ Ed Clubs folder or by searching "Speech and Debate" in the Moodle search bar.
2. Once you've reached the Moodle page, click on the "enroll me" link.
3. Or just simply send us an email at [cwcsspeechanddebate@gmail.com](mailto:cwcsspeechanddebate@gmail.com)!

If you have any questions or suggestions, please email us at [cwcsspeechanddebate@gmail.com](mailto:cwcsspeechanddebate@gmail.com) or email our advisor Mrs. Matranga at [tmatranga@cwcharter.org](mailto:tmatranga@cwcharter.org).

## **Connecting Waters Tiger Tribune Looking for Staff and Content Submissions!!!**

- Do you love to write?
- Want to publicize your work?
- Do you have original content to share?
- Want to experience the thrill of journalism?
- Looking to get involved in your school?
- Need leadership credits or school activities on your transcript?

Showcase your work in the Connecting Waters Newsletter today!

Connecting Water's Tiger Tribune is accepting staff for the 2019-2020 school year! We are looking for people to write stories, articles, polls, research, and develop creative content!

Being on the newsletter team earns you both leadership and journalism credits and will look fantastic on college applications!

Writer Positions: We are always accepting new writers!

Each writer receives 1-2 assignments each month.

Assignments range from writing stories and articles to creating puzzles and graphics to conducting surveys and interviews, and more!

Content Submissions: We are always accepting content submissions!

- Original stories
- Drawings/graphics
- Flyers/advertisements
- Letters to the editor

To join our team just send an email to [cwcstigertribune@gmail.com](mailto:cwcstigertribune@gmail.com) with your name, age, and grade level!

Or just simply fill out this form:

Any Questions?

Email us at [cwcstigertribune@gmail.com](mailto:cwcstigertribune@gmail.com). Thank you!

## **The Letterbox**

Now, readers like you are able to contribute suggestions, fun facts, jokes and comments



for improvement to our newsletter! All you have to do is email your contribution to [cwcstigertribune@gmail.com](mailto:cwcstigertribune@gmail.com) with your name and grade level, and check here next time our newsletter comes out!

This is ideal for those of you who don't necessarily want to or have time to commit to becoming staff writers - however, if you would like to become one of our regular staff writers please email us at [cwcstigertribune@gmail.com](mailto:cwcstigertribune@gmail.com) with your name, age, and grade level - we look forward to working with you!